

# SPRING NEWSLETTER

## In Review: Spring Seminar

### WHAT'S HAPPENING?

**NEPAND Board of Directors Turnover Dinner**  
Thursday, May 23rd  
6pm at Marzoni's  
in Moosic

RSVP to  
[jessicalbachman@gmail.com](mailto:jessicalbachman@gmail.com)

### *It's Membership Renewal Time!*

#### NEPA ACADEMY

This membership year, look forward to more of the following:

- **Social Events**

Fall, Winter, Spring

- **Journal Clubs**

Every other month

- **Volunteering**

As a group at local areas

- **Fundraising**

At seminars or events

FRIDAY, April 5th, NEPAND held the 8th Annual Spring Legislative Breakfast and Seminar, with numerous legislators ready to listen to issues faced in the nutrition and dietetics profession.

Legislators included Rep. Pashinski, Rep. Peifer, Rep. Carroll, Rep. Kosierowski, Rep. Flynn, Rep. Mullins and staffers from Senator Yudichak and Congressman Cartwright's offices. The legislators gave advice on continuing to build our repour and strengthen services. Visits to offices

in addition to personalized phone calls and emails are preferred by legislators to recognize who they can come to when they have questions about the profession.

Meg Rowe, the State's Northeast Delegate, reviewed and explained the changes to the new licensure bill that will be introduced soon. *Continue to read the PAND newsletter for more details.*

A Hunger 101 Simulation took place where students and dietitians used their skills to come up with

food budgets for different scenarios and became familiar with local services for the food insecure population.

Gretchen Hunt presented the first annual *Maureen Dunne-Touhey Memorial Lecture* in a discussion on what the Commission on Economic Opportunity does.

Later in the day, metabolic disorders and PCOS were reviewed learn the specific medical nutrition therapy interventions.



### RENEW YOUR NEPAND MEMBERSHIP TODAY!

To join, please fill out the application link

<https://www.surveymonkey.com/s/NEPANDmembership> by June 1st!

*\*Late Membership fees begin June 2nd\**

All members must complete an application and will have the option to pay through PayPal or by Check

If paying by check, include the printable **Payment by Mail** form found on the website under “Join”

Checks payable to NEPA Academy of Nutrition and Dietetics to:

Molly Sweeney  
16 East Saylor Avenue  
Wilkes-Barre, PA 18702

### FUNDRAISING

Buy a Large Tote Bag!

**\$5 cash**



Purchase at the Turnover Dinner (details on the front) or at future events by NEPAND

All proceeds will benefit future NEPAND events

## Awards, Nominations and Positions

The 2019-2020 NEPAND Board of Directors:

- President: Emily Richters
- President-elect: Micheline Orlowsky
- Treasurer: Cynthia Stemrich
- Treasurer-elect: Maria Wolfel
- Secretary: Heather De La Cruz
- Membership Chair: Molly Sweeney
- Professional Education Chair: Alexei Michaels
- Professional Education Chair-elect: Ali Huber
- Nominating Chair: Kris Danilovitz
- Nominating Chair-elect: Lindsey Kavalow
- Event and Fundraising Chair: Jessica Martin

We are still seeking volunteers for the following non-voting positions for the 2019-2020 Board of Directors. Please email [michelineorlowsky@gmail.com](mailto:michelineorlowsky@gmail.com)

- Career Guidance Chair
- Public Relations/National Nutrition Month® Chair
- Student Liaison Chair
- Historian Chair

*Congratulations to the 2019  
Anita Owen Award Recipient,  
Emily Richters MS RDN LDN of Plains!*